

## The Cycle of Engagement's Well Visit Planner Approach to Care: Reflection Exercise/Readiness Checklist

**Use this Readiness Checklist to help you determine if you and your team are ready to begin implementing a Well Visit Planner Approach to Care.**

While the Cycle of Engagement's Well Visit Planner Approach to Care can be implemented in various ways, there are multiple factors that are critical to its successful implementation. The purpose of this checklist is to identify your readiness, strengths and any potential issues or challenges to your team's implementation of the WVP. Complete the first part of the readiness checklist below to be sure the Well Visit Planner Approach to Care is right for you and your team. The second part of the readiness checklist will assess how ready you and your team are for implementation. Additional resources to support implementation are available to help!

### Part 1: Deciding to use the Well Visit Planner Approach to Care

To what extent do you agree with the following statements? Yes, absolutely      Yes, somewhat      No, not yet

#### Beliefs and Mindsets

|  |                          |                          |                          |
|--|--------------------------|--------------------------|--------------------------|
| I agree that promoting the healthy development of children is essential to the health of the population and to promoting equity.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Family engagement and personalizing care to the strengths, priorities and needs of families is essential to high quality well care that results in positive outcomes.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Promoting healthy development of children requires child health professionals to assess and promote the well-being of the whole child and whole family (including but not limited to considering medical, social, and relational factors). | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

#### Incentives and Aspirations

|   |                          |                          |                          |
|---|--------------------------|--------------------------|--------------------------|
| I aspire to provide comprehensive care anchored to Bright Futures Guidelines and the performance incentives related to well visits.   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I am interested in methods that integrate screening across topics, ensure results are reported to me prior to visits, and help me focus visits on the strengths, needs and priorities of each child & family. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

#### Commitment

|   |                          |                          |                          |
|---|--------------------------|--------------------------|--------------------------|
| I am committed to shifting to a culture of engaging families, so they set the agenda and priorities for care, even if this requires changes in my current well visit workflow and new methods to work with families | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I am committed to learning and adapting as I try out ways to effectively engage families and recognize that families will also have to get used to engaging in priority setting and pre-visit assessments.          | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## Part 2: Assessing readiness to implement the Well Visit Planner Approach to Care

**Are you ready to lead implementation of the Well Visit Planner approach to care in your practice and/or organization?**

**Yes, absolutely**      **Yes, somewhat**      **No, not yet**

### Understanding and Capacity

|   |                          |                          |                          |
|---|--------------------------|--------------------------|--------------------------|
| I understand the value and requirements to implement the Well Visit Planner Approach to Care and am willing to lead to engage my team.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I can identify and engage a leadership team to create a “project charter”, develop a workflow and assign roles for implementation.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I understand the “launch and learn” model of implementation and expect to refine workflows, continuously learn and access resources.  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| My organization has methods for communicating with families about well child visits; or, my team, organization and I can build new workflows to invite/engage families in the WVP approach to care. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

### Organizational Alignment

|   |                          |                          |                          |
|---|--------------------------|--------------------------|--------------------------|
| Early childhood well visits, quality of care and family engagement fit with our organization’s priorities, values, and strategic initiatives. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
|---|--------------------------|--------------------------|--------------------------|

### Establishing Key Partnerships

|   |                          |                          |                          |
|---|--------------------------|--------------------------|--------------------------|
| I can identify organizational, community and family partners/advisors to include in the implementation of the WVP approach to care.             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I am willing to lead to create partnerships and relationships with local community resources/services to address child/family priorities/needs. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I am interested to inform and drive systems changes needed to ensure full engagement of families and the community I/we serve.                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

### Motivation and Incentives

|   |                          |                          |                          |
|---|--------------------------|--------------------------|--------------------------|
| I am motivated to improve well care, beyond the financial incentivization of health screenings for children and families.               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I feel incentivized to improve well care, increase well visit rates and the value of well visits for the children and families I serve. | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| I can see how the WVP approach to care could improve my own satisfaction with the care that I/we provide to children and families.      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |